

A rare case report on delayed onset Sheehan's syndrome causing Hypopituitarism with Empty sella sign.

KEY WORDS –

Hypopituitarism, Empty sella, hypothyroidism, adrenal insufficiency, hypogonadism.

ABSTRACT –

Hypopituitarism is a clinical syndrome resulting from deficiency of pituitary hormones (1, 2, 3, 4). The main pathological mechanisms can occur at the level of the pituitary gland itself, pituitary stalk and at the level of hypothalamus (1, 2). Sheehan's syndrome is a relatively rare cause of hypopituitarism which mostly results due to pituitary infarction following excessive post-partum haemorrhage (2, 3, 4, 5, 7). The clinical presentation of Sheehan's syndrome can be acute or chronic. Here we present a case of a 68-year-old lady who was diagnosed to have hypopituitarism along with empty sella sign in MRI brain. During the evaluation, she revealed a complicated past obstetric history with 02 episodes of post-partum haemorrhage and circulatory collapse. So the ultimate diagnosis was the late presentation of Sheehan's syndrome causing hypopituitarism.