

ABSTRACT

Background – There is no exact age cutoff for the term “young stroke”. But the incidence of strokes in young population is on the rise. Increased conventional risk factors like hypertension and diabetes may be contributory. Stroke in a young person causes significant burden for the individual as well as for the family. In a young patient with acute ischemic as well as hemorrhagic stroke without traditional risk factors, rare causes should be investigated.

Case - We report a case of a 47-year-old woman who presented with left hemiparesis. She was later diagnosed to have moyamoya disease.

Conclusion – In a young patient with stroke investigating for secondary causes including rarer ones is warranted. Because of the need for sophisticated investigations for diagnosis Moyamoya disease may be underdiagnosed in our community.