

Abstract :

A 38-year-old patient admitted to ward because of polyuria and polydipsia and weight loss with secondary amenorrhea which persists for 6 months. She was suspected as androgen secreting tumors. However, she had functional hypothalamic amenorrhea (FHA). Functional hypothalamic amenorrhea (FHA) is characterized by absence of menstrual cycles for longer than 6 months without any endocrine/systemic causal factors. FHA is a diagnosis of exclusion. Causes of secondary amenorrhea can be confused to evaluate sometimes, so accurate medical history and physical investigation is necessary for true diagnosis.