

Abstract

Remitting Seronegative Symmetrical Synovitis with Pitting Edema(RS3PE) is a rare but well recognized clinical entity that is easily overlooked due to lack of clinical vigilance. It is classically described as an acute onset of symmetrical tenosynovitis of both upper and lower extremities with pitting edema, mostly noted in elderly population. Young patients with other rheumatological diseases and unilateral involvement had also been reported, but symmetrical RS3PE in a young patient is a rare observation. We hereby report a case of a RS3PE in a young male affected by no rheumatological diseases in the past, typically fulfilling the diagnostic criteria and well responded to low dose steroid therapy. This case demonstrates the atypical presentation of this rare clinical entity and emphasizes the importance of considering it as a differential diagnosis irrespective of age.

Key words: RS3PE, young male, seronegative, symmetrical, synovitis, pitting oedema