

ABSTRACT

INTRODUCTION:

Sheehan's syndrome (SS) is a state of panhypopituitarism which develops following ischemic necrosis of the pituitary gland due to massive blood loss or severe hypotension during childbirth.(1) This clinical entity solely depends on the extent of the pituitary damage and has a slow development giving rise to variable presentations.(2) In the literature, the diagnosis of Sheehan's syndrome has a mean delay of 9 ± 9.7 years. (3)

CASE PRESENTATION:

A woman was diagnosed with Sheehan's Syndrome 26 years after a complicated delivery. She presented with life threatening hypoglycemia, hyponatremia and Addisonian crisis. Following initiation of hormone replacement therapy, she achieved rapid clinical improvement and general well-being.

CONCLUSION:

SS should be considered in a patient who presents with hypoglycemia, hyponatremia or hypotension, irrespective of the time interval from the last delivery, as early treatment is lifesaving.