

Abstract:

We report a rare case of dengue-associated HLH in a 45-year-old known diabetes patient who presented with fever, body ache, and transaminitis. She was treated as Dengue fever. Despite adequate dengue management, her fever persisted, and investigations revealed positive dengue IGM, thrombocytopenia, neutropenia, hepatorenal pouch free fluid, and markedly elevated ferritin levels. Bone marrow analysis confirmed the presence of reactive histiocytes with hemophagocytosis. The fever eventually subsided without specific HLH treatment. This case emphasizes the importance of considering HLH in the differential diagnosis of dengue fever, especially when conventional management fails.