

Abstract:

This case report presents the clinical course and outcome of a 22-year-old female army soldier with a known history of plaque psoriasis who developed severe dengue fever with myocarditis during the precritical phase. Despite timely medical intervention, the patient experienced a cardiac arrest, leading to a fatal outcome. This case emphasizes the importance of vigilance for cardiac complications in young individuals with dengue fever in precritical phase.

Case Presentation:

The patient was a 22-year-old girl with a history of plaque psoriasis. She presented to the medical casualty ward with history of high-grade fever, generalized myalgia, arthralgia and nausea which lasting for 36 hours. On the third day of illness, an NS1 antigen test confirmed dengue virus infection.