Abstract

Introduction: Sarcoidosis is a multi-systemic granulomatous disease characterised by non-caseating granulomata within bodily tissues, with a predilection for pulmonary involvement. Darier-Roussy subcutaneous sarcoidosis is a rare subset of cutaneous sarcoidosis which is associated with systemic involvement.

Case Presentation: A 57-year-old male patient was incidentally noted to have a bilateral mediastinal widening on chest radiography with multiple painless and non-tender subcutaneous nodules on his upper limbs and trunk, eventually diagnosed as Darier-Roussy subcutaneous sarcoidosis with mediastinal and pulmonary involvement.

Conclusions: Early identification and histopathological diagnosis of the subcutaneous sarcoidosis will aid in diagnosis and prediction of future systemic involvement in sarcoidosis.