

Abstract

Systemic Lupus erythematosus (SLE) is a multisystem disease which can present with organ specific or nonspecific generalized symptoms. Cachexia is a nonspecific clinical manifestation associated with multiple hypermetabolic state. Cachexia with cancer is a well-known entity which was discussed in several articles, while SLE with cachexia is an under-recognized manifestation and not included much in previous studies. Clinicians should aware about the state of cachexia, when patient presents with significant weight loss in a chronic disease, like SLE, and it should be detected as it has value in prediction of disease activity. We report a case of young girl presented with cachexia as her first presentation of SLE and recovered fully following the treatment with immunosuppressants and steroid. Even though it is a rare first presentation, cachexia in SLE is not a rare manifestation and it can occur during the disease process in about half of the patients. To diagnose cachexia, criteria need to be fulfilled which is explained in this article.