

**Abstract:**

Varicella zoster virus (VZV) infection is commonly occurring infection in worldwide specially in pediatric population which causes primary varicella infection also called chicken pox. Endogenous reactivation of latent VZV called herpes zoster or shingles. Although primary varicella infection is a self-limiting disease usually in pediatric population it can cause severe systemic disease in adult population specially who are with suppressed immunity.

Here we present a case of disseminated primary varicella zoster infection in a 29 years old immunocompetent patient who presented to National Hospital Kandy (NHK), Sri Lanka.

There are only few case reports available in literature regarding disseminated VZV infection in healthy adults. Among them also majority are age above 65 years of age. Hence, we believe this case report will highlights the rare occurrence of disseminated VZV infection in a immunocompetent young adult and also the importance of prompt treatment for primary VZV infection in adults to prevent fatal complications.