

ABSTRACT

Introduction: Hashimoto encephalopathy is a rare disorder of autoimmune etiology associated with thyroid diseases which is typically responsive to steroids. The classic presentation includes seizures, altered level of consciousness, cognitive impairment and memory loss, myoclonus, hallucinations psychotic symptoms and stroke-like symptoms.

Case: A 57-year-old lady with hypothyroidism presented with unresponsiveness. She had significantly positive thyroid-peroxidase antibody levels. After the exclusion of common neurological pathologies which may have similar presentations, steroids were started which led to rapid recovery in the patient.

Conclusion: when a patient presents with rapid neurological symptoms with a background history of thyroid disorder, Hashimoto encephalopathy should be considered irrespective of thyroid status. Prompt treatment with steroids results in rapid recovery in Hashimoto's encephalopathy.