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POSTGRADUATE INSTITUTE OF MEDICINE UNIVERSITY OF COLOMBO

<u>CERTIFICATE OF COMPETENCE IN ANAESTHESIOLOGY</u> <u>EXAMINATION</u> – JUNE 2023

Date :- 2nd June 2023

Time:- 9.30 a.m. - 11.30 a.m.

ESSAY PAPER

Answer all eight (08) questions.

Each question to be answered in a separate book.

- 1. List the safety features of the following:
- 1.1. Oxygen pipeline supply

(30 marks)

1.2. Flow meter (Rota meter)

(40 marks)

1.3. Vaporiser

(30 marks)

- 2. A 23 year old primi with a POA of 36 weeks is admitted for normal vaginal delivery. She has requested a labour epidural.
- 2.1. How would you prepare this patient for the epidural?

(40 marks)

- 2.2. List three (03) other pharmacological options available for labour analgesia. (15 marks)
- 2.3. Mention two (02) disadvantages of each option listed in 2.2. (15 marks)
- 2.4. There is sudden deceleration of foetal heart rate and needs an emergency caesarean section.

What are the options available for anaesthesia and give reasons for your choice? (30 marks)

- 3. A 25 year old ASA-1 patient was brought to the Accident & Emergency Department following a road traffic accident with an isolated head injury. His GCS was 7/15.
- 3.1. Explain what primary brain injury is?

(20 marks)

- 3.2. What are the immediate measures that should be taken to prevent secondary brain damage? (45marks)
- 3.3. Four hours after the incident, the ICU nursing officer informs you about the rising values of intra cranial pressure (ICP) up to 25 mmHg.
 - 3.3.1. What is the normal range of ICP?

(05 marks)

3.3.2. List the steps which should be taken immediately.

(30 marks)

4.

4.1. Write three (03) intra venous drugs and their doses you may use as alternatives to propofol for induction of anaesthesia for adults.

(20 marks)

4.2. List the advantages of each.

(40 marks)

4.3. List the disadvantages of each.

(40 marks)

- 5. A 50 year old man with diabetes mellitus is admitted with suspected pyelonephritis. He is febrile, conscious and rational, heart rate is 120 beats/minute, blood pressure 85/55 mmHg and respiratory rate is 30/minute. Rest of the examination is unremarkable.
- 5.1. What is your initial fluid management?

(25 marks)

5.2. How would you check the fluid responsiveness of this patient?

(20 marks)

5.3. What other steps would you take in his management?

(40 marks)

5.4. What are your targets for

(15 marks)

- 5.4.1. mean arterial pressure.
- 5.4.2. urine output.
- 5.4.3. serum lactate.
- 6. A 35 year old woman, is scheduled for a thyroidectomy for a possible malignancy. She complains of recent enlargement of her goiter.
- 6.1. List the main preoperative problems.

(25 marks)

- 6.2. What specific investigations would you require to assess this patient giving reasons? (25 marks)
- 6.3. If she had a history of hyperthyroidism, what specific medications could she be on? (15 marks)
- 6.4. She develops stridor in the recovery. How would you manage this patient? (35 marks)

- 7. A 70 year old man was admitted to the surgical casualty ward complaining of abdominal pain and distension. The surgeon plans for an emergency laparotomy.
- 7.1. List the risk factors for pulmonary aspiration in this patient. (30 marks)
- 7.2. What pre-operative instructions would you give to the ward staff, to minimise pulmonary aspiration? (30 marks)
- 7.3. The patient suddenly desaturates during induction and there are gastric contents in the pharynx.

How would you manage this patient?

(40 marks)

- 8. A 5 year old, 20kg child is awaiting an urgent laparotomy for intestinal obstruction.
- 8.1. List the perioperative problems.

(40 marks)

8.2. How do you optimize this child prior to anaesthesia?

(30 marks)

8.3. What is your perioperative pain management?

(30 marks)