

Conn's Syndrome in a Young Male Hypertensive

Abstract

Primary hyperaldosteronism (Conn's syndrome) commonly presents with a combination of clinical features of hypokalemia and hypertension. Metabolic alkalosis and increased ratio of plasma aldosterone concentration to renin activity were noted on investigation. We encountered a case of acute stroke as the first presentation of young hypertension. This patient had a characteristic biochemical and imaging profile consistent with primary hyperaldosteronism and responded to surgical resection of adrenal adenoma.

Keywords

Aldosterone-producing adenoma, Conn's syndrome, primary hyperaldosteronism