A Patient with Ankylosing Spondylitis and Transfusion Dependent Anaemia.

Key words

Ankylosing spondylitis, spondyloarthritis, anaemia, transfusion dependent anaemia

Abstract

This is a case report of a 47 year old male who has ankylosing spondylitis with its complications and transfusion dependent anaemia. He presented with chronic backache and symptoms of anaemia. With the evaluation, he was found to have axial spondyloarthritis with peripheral joints arthritis and psoriatic rash which poorly responded to treatments. He also had hypochromic microcytic anaemia needing repeated blood transfusions. With further evaluation, he was diagnosed to have iron deficiency anaemia due to abnormal iron uptake from small intestine. In this case report, the current diagnostic tendencies in investigating, evaluating and treating ankylosing spondylitis discussed together with a Sri Lankan experience on how to approach and treat such a patient.