

Abstract

Systemic lupus erythematosus (SLE) is a common disease among female and rarely manifest in males. Among them gut lupus is further rare. Most of the time patients with gut lupus presenting with mal-absorption, alteration of bowel habits, or pseudo-obstruction. However, bowel perforations also reported in the literature. Here a case report of gut lupus is presented, where the patient presented with acute abdomen and deteriorated rapidly following intestinal perforation. Furthermore, it was a real diagnostic challenge for clinicians.

Case report

A 22-year-old man who is a manual worker presented with intermittent high-grade fever and loose stools for eight days duration. On 3rd day of fever, he admitted to a base hospital complaining of general ill health, lethargy and undue fatigue. Moreover, he had loose stools, dark colored urine and loss of appetite for couple of hours.

He was found to have severe anemia and transfer to TH Karapitiya on eighth day of illness after transfusion of three units of blood. He did not have outside food consumption, contacts with diarrheal illness. There was no