Abstract

Mixed connective tissue disease (MCTD) is a systemic autoimmune illness that has features with at least two connective tissue disorders, such as systemic lupus erythematosus (SLE), systemic sclerosis (SSc), and myositis, and is characterized by the presence of a unique antibody known as U1-ribonucleoprotein (U1RNP).

MCTD has no distinct clinical symptoms, and are related to the symptoms seen in SLE, SSc and polymyositis (PM). These clinical manifestations vary greatly from person to person. Severe muscle weakness is usually not reported in MCTD. Here we report a case of a young female who was diagnosed to have mixed connective tissue disease following her presentation with predominant proximal muscle pain and weakness.