

Abstract

Rathke's Cleft Cysts (RCC) are epithelium-lined sellar and suprasellar cysts that arise from Rathke's pouch. It is a benign condition believed to be present in 22% of the population [1]. Rathke's cleft cysts are rarely symptomatic and only occasionally cause panhypopituitarism and effects of pressure on nearby structures [2]. Severe hyponatremia as a presenting symptom of RCC is quite uncommon. Here we report a case of 43-year-old Sri Lankan male who presented with lethargy and generalized body weakness, found to have severe hyponatremia and panhypopituitarism due to RCC.