

## **Summary**

Mrs. S, 60 years old, a housewife and a mother of one daughter, who is diagnosed to have seropositive rheumatoid arthritis, diabetes mellitus, hypertension and dyslipidaemia for 20 years, on regular clinic follow up, presented with L/wrist joint and small joints of L/hand pain and swelling with associated morning stiffness for two months duration probably precipitated by excessive activity performed by the affected joints. There was marked functional impairment of activities of daily living, frailty and absence of a long-term caregiver were the major issues highlighted. On examination evidence of active synovitis in L/wrist joint noted.

Elevated serum inflammatory markers with X rays of L/wrist joint suggested narrowing of joint space and juxtarticular osteopaenia.

She was managed by a multidisciplinary team as an acute flare up of rheumatoid arthritis.