Summary

Mr. S is a 76year old retired security officer from Thalawathugoda presented with gradual onset worsening symptoms of forgetfulness, irritable and wandering behaviour and social isolation associated with poor sleep for 8 months' duration. He has had good inter personal relationships with family and relatives throughout his past life. He has been an occasional alcoholic and smoker for more than 30 years' duration. Care giver burden, potential risk of social isolation and depression and environmental risk factors for falls and accidents were identified as social problems.

Examination revealed moderate cognitive impairment with functional dependency for IDLs and Advanced ADLs and subjective depressive symptoms associated with psychotic symptoms.

CT scan of brain revealed diffuse cerebral atrophy but reversible causes of dementia couldn't be identified by further investigations which led diagnosis towards Alzheimer's Dementia.

He was started on Cholinesterase inhibitors to retard progression of dementia, antipsychotics and antidepressants for depression with psychotic symptoms with monthly follow up plan at dementia clinic.