

Summary

A 62 years old married obese lady, a mother of 2 children, who's diagnosed to have diabetes mellitus, hypertension and dyslipidemia, severe bilateral knee joint osteoarthritis, who's on regular clinic follow up was referred for left knee total replacement since marked restriction in mobility and planned for right knee total replacement in 6 months followed by this surgery. Examination and investigation findings of the knee revealed typical features of osteoarthritis. Left knee total replacement was performed and she hadn't any postoperative complications. . Frailty, functional dependency, caregiver burden , psychological impact, risk of fall are the major challenges that were identified. Following the surgery her functional capacity and the mental wellbeing has improved.