

Summary

Mrs.D, a seventy year old functionally independent lady diagnosed with hypertension for twelve years and osteoporosis for eight years presented with right sided hip pain and difficulty in walking following an accidental fall, on the day of fall to orthopaedic unit at National hospital of Sri Lanka. There were no preceding palpitations, dizziness or seizures and no history of recurrent falls. She had anti-hypertensive medication and environmental risks as fall risk factors. Barthel index was 45/100 but she had no other geriatric syndromes such as incontinence, sensory or cognitive impairment or polypharmacy.

She was diagnosed to have right sided extra capsular neck of the femur fracture and underwent Dynamic hip screw (DHS) surgery and physiotherapy and discharged with a walker and after two months, had improvement of Barthel index up to 90/100 and was satisfied with the surgery outcome.