

Summary

Mrs.A is a sixty-two-year old mother of three children from Panadura and is a diagnosed patient with hypertension for fourteen years, diabetes and hyperlipidemia for ten years and ischaemic heart disease for two years, presented to Ragama Rehabilitation Hospital (RRH) following moderate to severe middle cerebral artery ischaemic stroke developed on the second day following coronary artery bypass graft surgery, for rehabilitation.

She had right sided hemiplegia (dominant side), hemisensory loss, dysphagia, aphasia, urinary and fecal incontinence, and right sided shoulder joint subluxation, with Barthel index on admission being 0/100 and depression. She had no history of recurrent falls or inappropriate polypharmacy.

She underwent multidisciplinary rehabilitation including physiotherapy and occupational therapy, in combination with pharmacological treatment but discharged inappropriately early due to patient and caregiver insistence. Post discharge regular physiotherapy and cardiology clinics followed and had functional improvement with Barthel index of 40/100 and psychological improvement at three months following discharge. No pressure ulcers, features of elder abuse or caregiver depression.