

Summary

A 48-year-old male from Wattala presented voluntarily to the STD clinic, Colombo with a urethral discharge for 4 days, dysuria and genital ulcers for 3 days. He was a married man, but he separated from his marital partner 8 years back. He had several unprotected sexual exposures with his non-regular partner during the previous one month and his last sexual exposure was one week prior to his presentation to the STD clinic.

He had a mucoid urethral discharge, multiple vesicles and painful superficial ulcers over the shaft of the penis on examination. His Tzanck smear from ulcer material for giant cells was positive. Gram stained smear from urethral discharge showed pus cells and extracellular gram-negative diplococci. There was no growth on his culture for *Neisseria gonorrhoea* and his real time PCR for chlamydia was negative. He was diagnosed to have first episode of genital herpes infection and nonspecific urethritis.

He was managed with oral acyclovir 400mg three times per day for 7 days and he responded well to treatment. In addition, he was treated for this urethritis with oral cefixime 400mg as a single dose and oral doxycycline 100mg twice a day for 7 days.

He was educated on Herpes simplex viral infection and other sexually transmitted infections. Safe sex counselling including condom promotion was also done.