

Summary

Unmarried 24 yrs old homosexual male came to the central STD clinic of NSACP, as he was found to have positive HIV rapid test, which has been performed at an outreach programme. He had no other symptoms of sexually transmitted diseases.

His coitarche was at of fourteen years of age and after that he has had several unprotected sexual exposures with casual male partners where he was the receptive partner in all occasions. His most recent sexual exposure was 10 days before, with a non regular male partner which was a protected, peno-oral and peno-anal penetrative exposure.

His HIV ELISA screening test was reactive while VDRL, TPPA and Gonococcal culture became negative.

HIV infection was confirmed with positive western blot test and referred to HIV clinic following post test counseling. Laboratory investigations were performed to evaluate the patient haematologically, biochemically, immunologically and to exclude opportunistic infection before starting ART. The investigations were normal.

Tenofovir (TDF) + Emtricitabine (FTC) + Efavirenz (EFV) regimen was started on him who was tolerated well up to now. His most recent partner was screened at the STD clinic and his HIV ELISA was negative at the moment, but he was found to have early latent syphilis. The index patient was epidemiologically treated with one dose of Intramuscular benzathine penicillin.