

SUMMARY

A 26-year-old unmarried bisexual, injectable heroin user from Dehiaththakandiya was referred to NSACP by the Transfusion Physician at National Blood Transfusion Service, Narahenpita as he was found to be retroviral positive during donor blood screening. Western blot test done on 23/12/2019 confirmed his HIV infection.

He has been sharing needles with a group of 20 friends when injecting heroine during a period of four months from August 2018 to December 2018. He also had several unprotected oral sexual exposures (both insertive and receptive) with a male non regular partner (NRP) for three years. The two sexual exposures with his girlfriend were unprotected, but non penetrative intercrural exposures. During the clinical assessment, he was found to have multiple, enlarged, non-tender, rubbery cervical lymph nodes bilaterally; which he revealed to have persisted for nearly a year. His clinical stage and performance scale were WHO grade 1. The baseline CD4 count and viral load of him were 348 cells/ μ L and 81115 copies/ml, respectively. He had been started on cotrimoxazole, isoniazide (INAH) prophylaxis and first line regime of TDF+FTC+EFV.