SUMMARY

Mrs. XY, 70yr old retired teacher was diagnosed with seropositive rheumatoid arthritis for 25 years. She is also a hypertensive and dyslipidemic patient on treatment for 10 years. Inflammatory markers were normal and her rheumatoid arthritis was quiescent. But due to severe deformity of her hands, she was carer dependent for major activities of daily living. She was managed with multidisciplinary team to rehabilitate her deformed hands and improve her ADL independency.