

Summary

80 years old retired gentleman, a father of one, a regular alcohol consumer for more than 20 years, who is on medical treatment for a psychiatric illness from NHSL for the past 16 years, presented to NIMH with wandering behavior, quarrelling with family members and depressive symptoms since the demise of his wife 2 months ago. There was no history of other medical diseases.

Medical evaluation initially pointed towards a diagnosis of abnormal grief reaction with depression but later he was treated as for neurocognitive disorder and alcohol-related amnesic syndrome complicated by vascular disease. Additional problems identified were alcohol dependence, pathological jealousy, poor insight, renal impairment, high cholesterol, risk of falls and malnutrition and caregiver burden.