

Summary

Mrs.A is a 68 year old diagnosed patient with sero-positive rheumatoid arthritis, hypothyroidism, hypertension and dyslipidaemia. She had been regularly followed up at rheumatology clinic, NHSL. She presented with swelling and pain of right side ankle joint and multiple joints of bilateral hands. She has moderate disease activity while hand and feet deformities restrict her activities. Her doses of disease modifying anti-rheumatic drugs were increased and analgesics were prescribed. She received physiotherapy and occupational therapy to improve her functional status. She should be considered for osteoporosis treatment and in need of financial assistance and home-environment modifications to improve her quality of life.