

**POSTGRADUATE INSTITUTE OF MEDICINE**  
**UNIVERSITY OF COLOMBO**

**SELECTION EXAMINATION FOR POSTGRADUATE**  
**CERTIFICATION IN MEDICAL EDUCATION - JANUARY 2021**

Date : 18<sup>th</sup> January 2021

Time: 9.30 a.m. – 10.30 a.m.

**Answer question 1 and any one (01) out of questions 2 and 3.**  
**Answer each question in a separate book.**

**Question 1**

You have been asked by the Director of your hospital to conduct a 1-hour introductory session on 'online learning' as a Continuous Professional Development (CPD) activity for the medical and other health professions staff in the hospital. Outline a detailed plan of how you would conduct the session including what you would do before, during and after the delivery of the session and a summary of the content that would be discussed. (100 marks)

**Question 2**

*Please read the following abstract and answer the questions below.*

**Three-dimensional Virtual Reality as an Innovative Teaching and Learning Tool for Human Anatomy Courses in Medical Education: A Mixed Methods Study.**

Yasser Alharbi, Mubarak Al-Mansour, Radi Al-Saffar, Abdullah Garman, Abdulrahman Alraddadi

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**Abstract**

**Introduction** Poor knowledge retention is one reason for medical student attrition in learning and has been a huge concern in medical education. Three-dimensional virtual reality (3D-VR)-based teaching and learning in medical education has been promoted to improve student learning outcomes. This study aimed to determine the effectiveness of 3D-VR in knowledge retention in human anatomy courses as compared to traditional teaching methods among medical students.

**Methods** A convergent mixed methods design was utilized to evaluate learning outcomes in terms of short- and long-term knowledge retention scores among students using 3D-VR and those using traditional models and to describe students' experiences and views of the use of 3D-VR as a teaching and learning tool.

**Results** Male students who used the 3D-VR tool had significantly higher short- and long-term knowledge scores than males who used the traditional methods. Meanwhile, females who used traditional methods showed significantly higher short-term knowledge scores than females who used 3D-VR.

**Conclusion** Medical students described 3D-VR as a learning tool with a great deal to offer for learning human anatomy as compared to traditional methods. Therefore, we recommend adding the use of 3D-VR in the anatomy curriculum. However, several 3D-VR limitations were also identified, which may hinder its utilization for teaching and learning. These concerns must be addressed before 3D-VR tools are considered for implementation in medical education human anatomy courses.

- 2.1. Give **three (03)** reasons why the study recommends using 3D-VR for anatomy curriculum. (15 marks)
- 2.2. Give **one (01)** finding in this study that does not support the above recommendation. (05 marks)
- 2.3. Explain **two (02)** strengths of the above study. (20 marks)
- 2.4. Explain **two (02)** deficiencies of the above abstract that reduces the scientific value of the study. (20 marks)
- 2.5. Describe a precaution that you would take if you are to adopt the findings of this study. (15 marks)
- 2.6. Write the reference of the publication of the above abstract using an accepted referencing style. (25 marks)

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### Question 3

*Please read the following abstract the journal BMC Medical Education and answer the questions below.*

**Does blended problem-based learning make Asian medical students active learners?: A prospective comparative study**

#### Abstract

**Background** Asian educators have struggled to implement problem-based learning (PBL) because students rarely discuss their work actively and are not sufficiently engaged in self-directed learning. Supplementing PBL with additional e-learning, i.e. 'blended' PBL (bPBL), could stimulate students' learning process.

**Methods** We investigated the effects of bPBL on tutorial group functioning (discussion, self-efficacy, self-directed learning, active participation, and tutor's perceived authority) and students' level of acceptance of the e-learning elements. We compared PBL and bPBL in a medical university in Japan. In the bPBL condition, the tutor's instructions were replaced with online materials and short quizzes. After the course, a 13-item questionnaire using a 5-point Likert scale was distributed regarding the tutorial group functioning of the tutorial group (influence of discussion, self-efficacy, self-directed learning, active participation, and tutors' authority). The mean scores of subscales were compared with analysis of covariance. Knowledge levels were measured using a pre-test post-test design. A multiple regression analysis was performed to explore the association between e-learning acceptance and the subscales related to PBL.

**Results** Ninety-six students participated in the study (PBL:  $n = 24$ , bPBL:  $n = 72$ ). Self-efficacy and motivation for learning triggered by group discussions was significantly higher for students in bPBL ( $p = 0.032$  and  $0.007$ , respectively). Knowledge gain in test scores was also significantly better in the bPBL condition ( $p = 0.026$ ), and self-directed learning related positively to the acceptance of blended learning ( $p = 0.044$ ).

**Conclusions** bPBL seemed more effective in promoting active learning and improving knowledge, without affecting tutors' authority. Implementing e-learning into PBL is suggested to be an effective strategy in the Asian context.

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- 3.1. Summarize the key finding/s of the above study. (10 marks)
- 3.2. Briefly discuss the relevance of this study for teaching and learning. (20 marks)
- 3.3. Briefly describe **four (04)** advantages of problem-based learning. (20 marks)
- 3.4. Briefly describe **four (04)** barriers that you need to overcome to implement problem-based learning in the Sri Lankan context. (30 marks)
- 3.5. Briefly describe **two (02)** interactive online teaching learning activities that could be used to teach medical student/ health professions students. (15 marks)
- 3.6. State a medical education journal that you know of other than the ones mentioned in this paper. (05 marks)