POSTGRADUATE INSTITUTE OF MEDICINE UNIVERSITY OF COLOMBO

POSTGRADUATE DIPLOMA IN CLINICAL HAEMATOLOGY (2013 PROSPECTUS) EXAMINATION – JUNE 2017

Date :- 15th June 2017

Time :- 1.00 p.m. - 4.00 p.m.

Answer **four (04)** questions only. Answer each question **in a separate book**. All questions carry equal marks.

PAPER I - ESSAY

A 32-year-old man is referred with persistent eosinophilia.
 (eosinophils 5 x 10⁹/L - Reference range 0.05 – 0.5 x10⁹/L)
 Outline the potential causes of the eosinophilia and your approach to diagnosis including clinical features and laboratory investigations.
 (100 marks)

2.

- 2.1. Discuss the changes that occur in iron regulatory mechanisms in iron deficiency. (60 marks)
- 2.2. Briefly discuss the presentation, genetic basis and approach to the management of genetic iron refractory iron deficiency anaemia (IRIDA). (40 marks)
- 3. A 28-year-old Rh negative woman with a previous miscarriage, presents with a period of amenorrhoea (POA) of 6 weeks to the antenatal clinic. Discuss the immunohaematological assessment during this pregnancy and the management of possible complications to the fetus and newborn.

 (100 marks)
- 4. Discuss causes and the diagnostic approach to a 45-year-old woman with suspected autoimmune haemolytic anaemia. (100 marks)
- 5. Discuss the current classification, pathogenesis, molecular basis and indicators of prognosis of myelodysplastic syndrome. (100 marks)

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POSTGRADUATE DIPLOMA IN CLINICAL HAEMATOLOGY (2013 PROSPECTUS) EXAMINATION – JUNE 2017

Date :- 16th June 2017

Time :- 9.00 a.m. − 12.00 noon

Answer six (06) questions only. Answer each question in a separate book. All questions carry equal marks.

PAPER II STRUCTURED ESSAY QUESTIONS (SEQ)

1. A 2-year-old boy was brought to the emergency department with a left sided stroke (hemiplegia).

His father is a known sickle carrier. Brother has sickle cell disease (HbSS). The boy is suspected to have sickle cell disease but has not been investigated.

- 1.1. Explain how you would investigate this boy? (30 marks)
- 1.2. Describe the pathogenesis of stroke in sickle cell disease. (40 marks)
- 1.3. Outline the acute and long term management of this child. (30 marks)
- 2. A 35-year-old man presents with malaise and ecchymotic patches. His blood picture reveals blast cells and is suspected of having an acute myeloid leukaemia.
 - 2.1. How would you confirm his diagnosis? (40 marks)
 - 2.2. What are the prognostic markers of acute myeloid leukaemia? (35 marks)
 - 2.3. List five (05) emergencies that may occur in a patient undergoing treatment with acute myeloid leukaemia. (25 marks)

3.

- 3.1. Briefly describe the principles of an automated haematology analyser. (30 marks)
- 3.2. Describe the clinical uses of three (03) novel automated haematological parameters. (30 marks)
- 3.3. Briefly discuss how the internal quality control is maintained in the laboratory for an automated full blood count. (40 marks)
- 4. A 45-day-old baby in the neonatal intensive care unit requires weekly blood transfusions.
 - 4.1. List the causes for anaemia in this baby. (30 marks)
 - 4.2. Explain the pathophysiology of anaemia of prematurity (30 marks)
 - 4.3. What factors are taken into consideration when transfusing blood to a neonate. (40 marks)
- 5. A 67-year-old non smoker was referred to the haematology unit with a Hb of 18 g/dL. He gives a history of headache not responding to analgesics. He complains of pain and red discolouration in his hands and feet. A non tourniquet full blood count done reveals,

Hb	17.5 g/dL
HCT	51%
WBC	$15 \times 10^9 / L$
Neutrophils	$10.5 \times 10^9 / L$
Lymphocytes	$2.5 \times 10^9 / L$
Monocytes	$0.2 \times 10^9 / L$
Eosinophils	$1.3 \times 10^9 / L$
Basophils	$0.5 \times 10^9 / L$
Platelets	$800 \times 10^9 / L$
CRP	<6 mg/L

- 5.1. What is the most likely diagnosis and how would you confirm it? (35 marks)
- 5.2. Describe the genetic mutations associated with the condition you mentioned in 5.1. (25 marks)
- 5.3. Briefly explain three (03) important complications that can arise in this condition. (15 marks)
- 5.4. Briefly outline the management of this patient. (25 marks)

 Contd...../3-

6. A 28-year-old primi gravida was found to have the following full blood count at 20 weeks of gestation.

Hb 12.1 g/dL WBC 8.1 x 10⁹/L Neutrophil 72 % Lymphocytes 20% Monocyte 5% Eosinophil 3% Platelets 72 x 10⁹/L

- 6.1. List the possible causes for thrombocytopenia in this patient. (30 marks)
- 6.2. How would you investigate her? (35 marks)
- 6.3. She was found to be clinically normal and her investigations revealed an isolated thrombocytopenia. Briefly discuss her management in respect of her pregnancy and delivery. (35 marks)
- 7. A 50-year-old man presents with a WBC count of 40×10^9 /L.
 - 7.1. What are the morphological features in the peripheral blood that are used to differentiate chronic myeloid leukaemia (CML) from a leukaemoid response? (40 marks)
 - 7.2. How would you confirm the diagnosis of CML in this patient? (40 marks)
 - 7.3. Briefly outline how you would monitor molecular response to treatment in CML. (20 marks)