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POSTGRADUATE INSTITUTE OF MEDICINE
UNIVERSITY OF COLOMBO

MD (PSYCHIATRY) EXAMINATION OCTOBER 2017

Date – 23rd October 2017

Time 11.30 am. – 12.30 pm.

ESSAY PAPER

Answer only ONE out of the three questions

1. Discuss the changing patterns in suicide and deliberate self-harm in Sri Lanka and strategies for prevention. (100 Marks)

2. Discuss the impact of the duration of untreated psychoses (DUP) and interventions to reduce the duration of untreated psychoses. (100 Marks)

3. “Psychotherapy is not relevant in the practice of psychiatry in Sri Lanka.” Critically discuss this statement. (100 Marks)

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Date: 23rd October 2017

Time: 1.30p.m.- 4.30p.m.

STRUCTURED ESSAY PAPER

Answer all six questions.

Each question to be answered in a separate book.

1. A 17 year old school boy is brought to the out-patient clinic by his parents. They complain that he is on the computer all the time playing games over the internet. He plays games throughout the night and is too sleepy to go to school or study. His parents have tried to restrict access to the computer and internet which has resulted in violent outbursts. His teachers have complained that his school performance has deteriorated over the last two years. The boy says that playing computer games is a normal activity and he does not think that he has a problem. He does not have features of depressive disorder or psychosis.

1.1 Briefly discuss the concept of behavioural addiction. (30 marks)

1.2 Outline the management of this boy. (70 marks)

2.

2.1 Discuss the aetiology of autism spectrum disorder. (30 marks)

2.2 Describe the comorbidities in autism spectrum disorder. (30 marks)

2.3 What advice would you give the parents of a four year old child who has been recently diagnosed with autism spectrum disorder. (40 marks)

3. A 70 year old female presents with low mood and poor sleep of one month duration. Her daughter says that her mother accuses family members of stealing her possessions. Over the past week she has been pacing up and down in the house crying from time to time.

3.1 List, giving reasons, three (3) differential diagnoses you would consider in this patient. (30 marks)

3.2 Of the diagnoses listed above, discuss the management of the most likely diagnosis. (70 marks)

4. A 22 year old manual worker presents with persecutory delusions and auditory hallucinations of three months' duration. He has been smoking cannabis regularly for the past one year.

4.1 Discuss the association between cannabis and psychosis. (60 marks)

4.2 If the patient is reluctant to stop cannabis use, discuss how you will manage his cannabis dependence. (40 marks)

5.

5.1 A 25 year old garment factory worker is referred to you after an overdose of paracetamol tablets. She has no features of depressive disorder. She says she took the overdose because she is unable to pay back a loan of Rs.100,000.

Outline how you will do problem solving therapy with this female. (50 marks)

5.2 A 22 year old male presents with obsessional ruminations about turning into a homosexual.

Outline two behaviour therapies for management of this patient. (50 marks)

6.

6.1 Discuss the responsibilities of a forensic psychiatrist in the management of a mentally abnormal offender. (60 marks)

6.2 Describe measures that could be taken to prevent reoffending in mentally abnormal offenders. (40 marks)