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**POSTGRADUATE INSTITUTE OF MEDICINE**  
**UNIVERSITY OF COLOMBO**

**POSTGRADUATE DIPLOMA IN PSYCHIATRY EXAMINATION –**  
**APRIL 2015**

**Date : 7<sup>th</sup> April 2015**

**Time :- 1.30 p.m. – 4.30 p.m.**

**ESSAY PAPER**

Answer all questions.

Answer each question in a separate book.

1. A 6 year old school boy was brought by his mother with complaints of poor school performance, inability to stay in one place both in school and at home and frequent quarrelling with his brother.
  - 1.1. List two (02) possible diagnoses. (20 marks)
  - 1.2. Describe how you would assess the child in order to arrive at a diagnosis. (50 marks)
  - 1.3. What further steps would you take in the management? (30 marks)
  
2. A 46 year old Gramaniladhari was brought to a psychiatric unit with the help of the police following aggressive behaviour towards his wife. The history reveals that he has been suspecting his wife for years of having many other sexual relationships.
  - 2.1. What is the most possible diagnosis? (10 marks)
  - 2.2. Discuss features you would elicit in the history and mental state examination in support of the above diagnosis. (50 marks)
  - 2.3. Briefly describe the pharmacological and non pharmacological methods of managing this patient. (40 marks)

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3. A 45 year old man was brought to you as he had developed tremors, insomnia and wandering inappropriately the previous night. He has been consuming large amounts of alcohol daily until three days before.
- 3.1. What is the most likely condition? (20 marks)
- 3.2. List five (05) other signs and/or symptoms of the condition mentioned above. (20 marks)
- 3.3. List five (05) investigations you would carry out giving reasons. (20 marks)
- 3.4. Describe how you would manage this patient. (40 marks)
4. A 28 year old mother of three children presents with a history of irritability towards her husband and children, crying spells and difficulty in carrying out household chores.
- 4.1. What is the most possible diagnosis? (20 marks)
- 4.2. What other information would you gather in the assessment of this patient? (40 marks)
- 4.3. Briefly describe how you would manage this patient. (40 marks)
5. A 34 year old businessman presents with a history of inability to write a cheque in front of the bank officer.
- 5.1. What is the most possible diagnosis? (20 marks)
- 5.2. What other information would you need to confirm the diagnosis? (40 marks)
- 5.3. Briefly describe the management of this patient. (40 marks)

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6. You have been appointed as the MOMH at Kahatagasdigiliya.
- 6.1. List four (04) programmes you would consider as important in establishing psychiatric services in your area. (20 marks)
  - 6.2. Describe how you would establish one programme mentioned above. (50 marks)
  - 6.3. How would you co-ordinate your services with the district psychiatrist and the other psychiatric services in the district? (30 marks)
7. A 75 year old lady is brought by her son with a complaint of increasing forgetfulness over a period of two years. The son had brought her to the clinic as she had wandered away from home and got lost in the neighbourhood the previous day. She also was repeating herself over and over again.
- 7.1. Mention **the most probable** diagnosis. (10 marks)
  - 7.2. List five (05) important investigations you would carry out giving reasons. (30 marks)
  - 7.3. Briefly outline your management. (60 marks)
8. A 24 year old female presents to your clinic with slurring of speech, drooling of saliva and breast discharge. She has been started on Haloperidol following a diagnosis of schizophrenia three weeks before.
- 8.1. What is your impression of her current presentation? (10 marks)
  - 8.2. State the mechanism that explains the above symptoms. (40 marks)
  - 8.3. What steps will you take to manage these symptoms? (50 marks)