#### Abstract

# Dysfunctional Uterine Bleeding In Pre-Menopausal Women aged 40yrs and above A Preliminary study

## Introduction

Dysfunctional uterine bleeding is defined as abnormal uterine bleeding which is not due to any organic or structural pathology. It is a diagnosis of exclusion, and is used only when organic and structural causes for abnormal vaginal bleeding such as pregnancy, tumor, infection, coagulopathy, and pelvic or systemic disease have been ruled out. Although the diagnosis of DUB is made very commonly to date, this burden has not been systematically studied and the impairment of social and psychological functioning in women affected by DUB in Sri Lanka have not been evaluated or described.

## **Objectives**

# General Objective

To describe socio-demographic factors, physical and psychosocial symptoms and the modes of treatment employed in pre-menopausal women aged 40 years and above, diagnosed of Dysfunctional Uterine Bleeding at gynaecology clinic and wards 3 and 4 of Castle Street Hospital for Women Colombo (CSHW).

#### Specific Objectives

- 1. To describe the age, BMI, Parity, Educational level, Ethnicity, Occupation and Contraceptive status of women diagnosed of having DUB
- 2. To determine the incidence of cyclical verses non-cyclical bleeding in the study group
- 3. To describe the various histological patterns of endometrial tissue samples obtained from the study group
- 4. To describe the impact the symptoms have on the patients physical, psychological and sexual functioning.
- 5. To describe the modes of treatment used for these patients